Things to Consider When Choosing a Fertility Center: Why TFC?

When Texas Fertility Center (TFC) patients leave our practice pregnant, they often ask our help in finding a doctor to continue their care. When we provide names, they frequently ask why we chose those particular specialists. Many couples in Central Texas are probably grappling with a similar issue. You or someone you know might be struggling with infertility and wonder where to turn: Why should you consider TFC?

A Shared Commitment to Resolving Infertility

Dr. Thomas Vaughn founded TFC in 1981, and since then we have each dedicated our careers to the diagnosis and treatment of infertility. We committed to developing a patient-centric practice with best-in-class care in a nurturing, yet state-of-the-art environment. TFC fertility specialists perform cutting-edge scientific research, and act as strong patient advocates, while helping train future leaders in our field.

We raise awareness of infertility as a curable disease, fund and lead scientific research, and help others that lack the financial means or insurance coverage to pursue fertility treatment.

Dual Board Certified Physicians at Every Visit

TFC physicians are doubly board certified – in Reproductive Endocrinology/Infertility as well as Obstetrics & Gynecology – and all patients see a Board Certified Reproductive Endocrinologist at every visit, 7 days a week, 365 days a year.

Studies show that 80 percent of couples that partner with a fertility specialist have successful outcomes.

Total Focus, Comprehensive Care

We specialize in the diagnosis of infertility and recurrent pregnancy loss, as well as complex endoscopic (laparoscopic and hysteroscopic) surgery. The term 'comprehensive' is important, as we offer our patients the very latest in testing and treatment, from common fertility oral medications such as Clomid to pre-conceptual genetic evaluation and screening of embryos prior to transfer during in-vitro fertilization (IVF).

Your unique case may involve laparoscopic or robotic fertility surgical procedures. Our physicians are known world-wide for their expertise in the treatment of disorders ranging from endometriosis and fibroid tumors to pelvic adhesions and uterine abnormalities. Dr. Kaylen Silverberg actually writes the chapter on Endometriosis in the <u>Textbook of Gynecology</u>. We have surgical privileges at Austin's main hospitals and surgery centers, and contract with all of Central Texas' major insurance plans to minimize the financial toll that fertility treatment can take on our patients.

TFC surgeons prefer microsurgery to minimize the development of scar tissue, shorten your post-operative recovery, and get you back to full function as fast as possible.

Fully Certified Labs, Industry Leading Embryology and Andrology

Our CLIA-certified laboratories are recognized for excellence. In fact, our laboratory director, Tom Turner, and Dr. Silverberg write the sperm evaluation chapter in the <u>Textbook of Assisted Reproductive Technology</u> – the standard book in our specialty. Our andrologists and embryologists perform comprehensive sperm testing that allow us to treat even the most extreme cases of male factor – those following previous vasectomy or those found in men with genetic obstructions or other serious abnormalities of sperm production or function.

Our embryologists work with Central Texas' finest urologists to produce babies from cases in which very few sperm can be found.

A Pioneer in Fertility Preservation

A cancer diagnosis, followed by surgery, radiation, or chemotherapy, can significantly impair future fertility. For nearly three decades, TFC has provided sperm freezing services to men, helping them go on to conceive healthy children. We also assist men serving in the armed forces who want to bank sperm prior to military deployment.

Improvements in freezing techniques now enable us to offer fertility preservation to women as well. TFC partners with the Komen Foundation for the Cure, Fertile Hope, and Livestrong to provide these services to seriously ill men and women at a significantly reduced cost.

TFC is the only program in Central Texas that has had healthy babies *delivered* from both patient and donor eggs that *we* have frozen in our laboratory.

Initiating IVF Innovations

We are Central Texas' largest IVF program, and the only program in Texas to have produced healthy children from both donor and non-donor vitrified (frozen) eggs. World-class IVF services, including laser-assisted embryo hatching and complete genetic embryo screening, from a worldwide leader is available now - right here at home.

TFC founded the Texas ART Society in 1991 to share information among physicians, scientists and leading clinical practices to improve the success of IVF.

Game-Changing Education and Research

The TFC Research Department leads and collaborates with fertility innovators on research studies to help develop and test medications, new treatment protocols, and new surgical techniques. Our efforts directly benefit patients by expediting the delivery of new products and treatments to market. TFC physicians publish award winning research papers and scholarly chapters in leading textbooks of infertility and IVF. They are also highly requested speakers at both national and international infertility symposia. Only TFC conducts, presents, publishes, and has been recognized for outstanding research in the Central Texas area.

TFC research enables hundreds of patients to receive free or low-cost treatment that has led to the successful delivery of hundreds of healthy babies.

TFC Cares

From monthly educational seminars for our patients, to the creation of the Fertility Foundation of Texas, Texas Fertility Center commits to improving the lives and outcomes of those faced with infertility, and raising awareness about infertility as a curable disease. Our adherence to excellence in both clinical and patient care has resulted in the birth of over 12,000 babies, helping us fulfill our mission of turning couples into families.