# After Your First Fertility Appointment

Texas Fertility Center

Now that you've met your fertility doctor and discussed your concerns, it's time to think about how you want to proceed with treatment. This will involve revisiting some questions that you may have considered before your first visit.

Your answers to the following questions will help you and your doctor work together to create a customized fertility treatment plan that meets your unique needs and goals.

**What are your family-building goals?** You can always change your mind later, but it's very helpful to start with an idea of how many children you would like to have.

**What treatments are you willing to try?** It's important to know whether you're only interested in more natural approaches to conception like IUI, or whether you're willing to try more advanced options like IVF.

**What is your budget, and do you have coverage?** After your first fertility appointment, our team recommends coming up with a fertility treatment budget. It's also a good idea to know what your insurance will (and won't) cover.

## Additional Questions and Notes

The space below is a place to take notes and list any questions you have for your fertility doctor.