Is It Time to Switch Fertility Treatments?

Texas Fertility Center

It's common for patients to want to start with a basic treatment before moving to a more advanced one. However, it's sometimes necessary to consider other options to make parenthood possible.

Here are questions to ask yourself before you switch fertility treatments. In addition to asking yourself these questions, you should also discuss your answers with your doctor.

- How old are you?
- What's your diagnosis?
- How many children do you want?
- What treatments can you afford?

Your fertility specialist can give you honest answers about your likelihood of conceiving using a certain treatment. However, fertility treatments generally have the following success rates.

- **Unmedicated intrauterine insemination (IUI):** Average pregnancy rates of 6% to 7%
- **IUI with oral fertility medications:** Average pregnancy rates of 8% to 12%
- **IUI with injectable fertility medications:** Average pregnancy rates of 20% to 25%
- **In vitro fertilization (IVF):** Average pregnancy rates depend significantly on age
- **IVF with preimplantation genetic testing for aneuploidy (PGT-A):** Average pregnancy rates typically between 55% and 60%

Additional Questions and Notes

If you have more questions about whether you should switch fertility treatments, record them here to ask at your next appointment. Our team is here to provide information and support.