

3 Steps to Administering Gonal-f® Multi-Dose

Gonal-f® Multi-Dose (follitropin alfa for injection)

Gonal-f® Multi-Dose Vial



Gonal-f® Multi-Dose Custom-Dosing Injection Syringe (IU FSH)



Prefilled Syringe of Bacteriostatic Water for Injection, USP (0.9% benzyl alcohol)

1 Mixing (reconstituting)



Wash hands with soap and water.

Flip off plastic cap of the Gonal-f® Multi-Dose vial and wipe vial top with an alcohol swab

Carefully twist and pull cap off the prefilled syringe of Bacteriostatic Water. Do not touch needle or allow it to touch any surface.

Position needle in a straight, upright position over the marked center circle of the rubber stopper on the vial of Gonal-f® Multi-Dose powder.

Insert needle through the center circle while keeping it in a straight, upright position.

Slowly inject the water into the vial by depressing the syringe plunger. DO NOT shake.

When all water has been injected into the vial, remove your finger from the plunger and withdraw the needle. Immediately dispose of the needle in your safety container. Do not use this needle for injection.

Determine your dose: Your doctor will prescribe you a specific dose of Gonal-f® Multi-Dose. A healthcare professional should show you how to locate the syringe marking that corresponds to your dose.

2 Preparing the dose



Check that the Gonal-f® liquid solution is clear. Do not use if it contains any particles. If this happens, report this to your doctor, nurse, or pharmacist immediately.

Allow the liquid solution to adjust to room temperature prior to administering your injection.

Wipe rubber stopper of the vial with an alcohol swab.

Remove wrapper and carefully pull the needle cap off the Custom-Dose Injection Syringe. Do not touch needle or allow it to touch any surface.

Firmly hold the vial of reconstituted Gonal-f® Multi-Dose liquid on a flat surface and insert needle through the marked center circle of the rubber stopper.

While keeping the needle in the vial, lift the vial and turn it upside down so that the needle points toward the ceiling.

With the needle tip in the liquid, slowly pull back the plunger until the syringe fills to slightly more than the mark for your prescribed dose.

Next, keeping the needle in the vial, slowly push the plunger to your prescribed dose to clear away any air bubbles.

Remove the syringe needle from the vial and recap the needle.

The syringe is now ready for administration.

3 Injecting the dose



Change the injection site each day to minimize discomfort. Usual injection sites include the skin on the stomach, upper arm, or upper leg.

Uncap the syringe and inject the prescribed dose as directed by your doctor.

Dispose of all used syringes and needles safely in container.

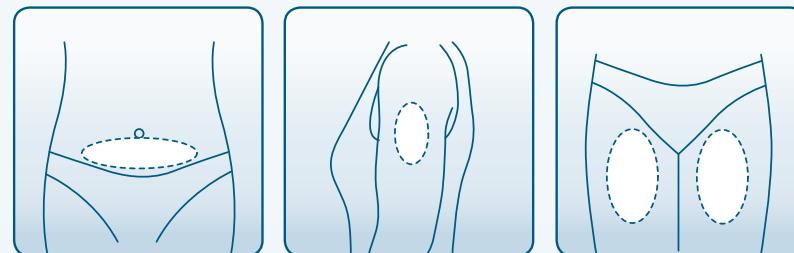
IMPORTANT:

The Gonal-f® liquid solution may be stored refrigerated or at room temperature (36° F to 77° F) for a maximum of 28 days from the day powder is mixed with water. Do not freeze. Discard unused liquid solution after 28 days.

The injection syringes provided with Gonal-f® Multi-Dose are designed for use only with this product. Do NOT use the injection syringes to administer other drugs or hormones. All unused syringes should be discarded.

Your doctor, nurse, or pharmacist, should show you how to set the prescribed dose and use the syringe.

Usual injection sites include the stomach, upper arm, and upper leg



Get ready to learn more about Gonal-f® (follitropin alfa for injection)

Visit FertilityLifeLines.com for a range of medication support material, including how-to videos on dosing and administration for the Gonal-f® products.



Toll Free 1-866-LETS TRY (1-866-538-7879)

www.fertilitylifelines.com

Indication:

Women: Gonal-f® (follitropin alfa for injection) is indicated for (1) the induction of ovulation and pregnancy in the anovulatory infertile patient in whom the cause of infertility is functional and not due to primary ovarian failure and (2) for the development of multiple follicles in the ovulatory patient participating in an ART program.

Men: Gonal-f® (follitropin alfa for injection) is indicated to increase sperm production in men with a rare condition called hypogonadotropic hypogonadism.

Gonal-f® Multi-Dose contains follitropin alfa, which is similar to the human hormone follicle-stimulating hormone, referred to as FSH. FSH belongs to a group of human reproductive hormones.

Gonal-f® Multi-Dose should be prescribed only by doctors specializing in infertility problems and their treatment. Gonal-f® Multi-Dose can also be prescribed to increase sperm production in men with a rare disease.

Important Risk Information:

Gonal-f® Multi-Dose should not be used in patients with allergies to recombinant human FSH products or any other ingredients in the medication.

Patients with a history of cancer of the sex organs or brain, uncontrolled thyroid or adrenal disease should not use Gonal-f® Multi-Dose. Women with a history of abnormal bleeding from the uterus or vagina or with swollen, enlarged, or painful ovaries should speak to their doctor before starting treatment.

The lowest dose expected to achieve the desired results should be used. A doctor should monitor a woman's response often to avoid overdose, which can lead to serious side effects, including blood clots.

Women should contact their doctor if severe pain or bloating in the stomach or pelvic area, severe upset stomach, vomiting, and weight gain are experienced during treatment. These could be signs of a rare but serious condition known as Ovarian Hyperstimulation Syndrome, or OHSS, which can result in hospitalization.

Use of Gonal-f® Multi-Dose by a woman can be associated with fertilization of more than 1 egg. This can lead to complications for the woman and the birth of 2 or more babies.

The most common side effects reported by women were headache, ovarian cysts, upset stomach, and sinus infection. The most common side effects reported by men were skin pimples, breast pain and growth, and tiredness. Injections may cause some discomfort.

For more information, patients should refer to the enclosed prescribing information and patient information leaflet and talk to their doctor.